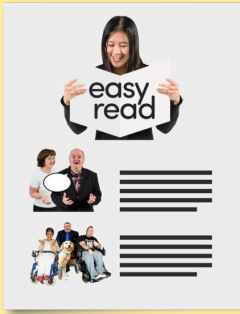


Talking to disabled music creatives about sustainability and climate change

What we found out



Easy read booklet



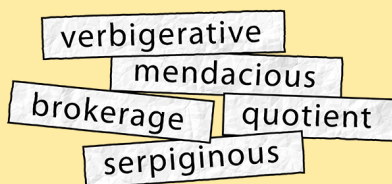
This is an Easy Read version of some information. It has words and pictures.



You might want help to read this booklet. You can ask someone to help you.

words

Some words are **bold and black like this**. This means we think they are difficult words.



Bold words are thicker and darker. We will explain what they mean in a box like this.

Who we are

attitude
is everything

We are a charity called **attitude is everything**.



We make sure disabled people can enjoy and take part in **live music events**.



Live music events are places where music is played, like festivals or concerts. In this booklet we call them **events**.



We give organisations advice about how they can make their events more **accessible**.



Accessible means it is easy for everyone to take part.

Sustainability



Last year, we did a lot of work about **sustainability**.



Sustainability is when something is good for the earth because it can be used for a long time.



Many organisations that run events make **sustainability initiatives**.



Sustainability initiatives are decisions you make to help you be more sustainable.



Last year we helped lots of organisations that run events to make their sustainability initiatives more accessible.

What this booklet is about



We want people to include disabled people when they talk about sustainability.



Disabled **musicians** and people who work in events should be able to talk about sustainability.



Musicians play musical instruments like the guitar or piano.



They should have the chance to say what they think about sustainability initiatives.



At the start of this year, we talked to groups of disabled people about sustainability.



We talked to musicians and people that work in events. We call them **disabled music creatives**.



We wanted to know what they think and what matters to them.



We also wrote a survey with questions for people to answer if they wanted to instead.



This booklet tells you what our groups talked about and what people told us in their surveys.

What we talked about



In our groups, we talked about **climate change** and how it affects disabled people.



Climate change means how the earth's weather and temperature are changing very quickly.



People who work to stop climate change should talk and listen to disabled people.



Many disabled music creatives want to decide their own **best practice** for being sustainable.



Best practice means the best or right way to do something.



They do not want to make decisions that are good for the **environment** but bad for them.



The **environment** is everything around us including the air, water, plants and animals.



For example, they still want to drive or use plastic when it makes their lives easier.



The **music industry** should support disabled music creatives to make decisions that are best for them.



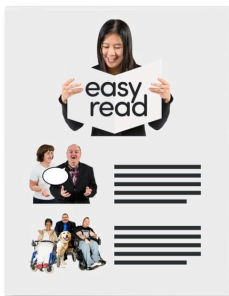
The **music industry** means everyone who makes or sells music or puts on events.

What the music industry should do



Many disabled music creatives think the music industry should

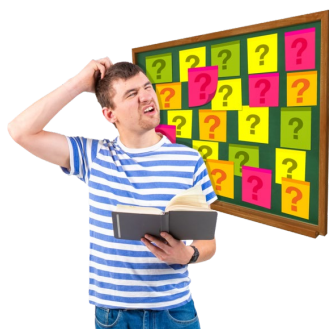
- talk to them about their **access needs** and read their **access riders**.
- understand why it can be hard for them to be sustainable.
- understand why they might feel upset or angry when talking about sustainability.
- talk about sustainability in an easy and helpful way.



Access needs are anything you need to take part in everyday life. For example, Easy Read booklets or ramps for a wheelchair.

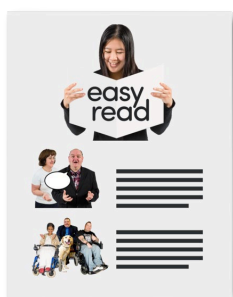
An **access rider** is a document that explains what someone needs to take part in an event.

Talking about the problems



There are problems that stop disabled music creatives

- talking about sustainability.
- taking part in sustainability initiatives.



Information about sustainability is difficult to understand.



Disabled people cannot always eat foods or travel in ways that are more sustainable.



The next few pages tell you what some people in our groups said about these problems.



I feel judged if I need to use a van to take my **equipment** with me to events.



Equipment includes anything people need to play their music out loud. Things like speakers, headphones or microphones.



I find it harder to travel to the event than I do to **perform**.



Perform means to sing, dance or play music Infront of people.



Travel can be stressful for disabled people. Taxis and trains can cost a lot of money and be hard to use.



I feel embarrassed
that I'm not **vegan**.

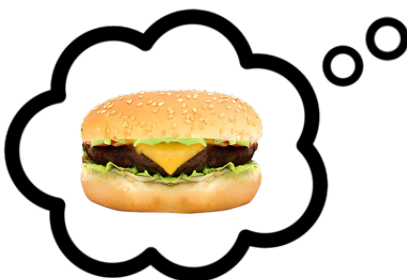


Vegan means you do not
eat meat or dairy foods like
milk or cheese.

Many disabled people said it
is hard to find food that is safe
for them to eat at events.



It's not right that I feel bad
for using plastic straws.



Many disabled people have to
think about food and drink being
accessible before they can think
about sustainability.

?



“

Get rid of all the difficult words or explain what they mean.

”

BIG words



The words people use when talking about sustainability or climate change are too difficult.

You cannot talk about something when you do not know what other people are saying.



?

“

I don't know what to do with all the information.

”



Even when the words are easy to understand it is important for people to know what they can do next.



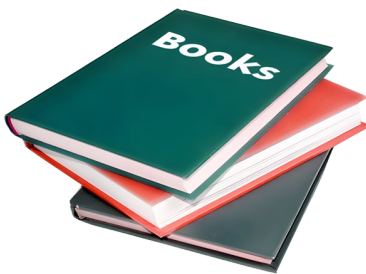
Climate literacy



Climate literacy is when you understand what sustainability and climate change are.



It means you know how to be sustainable and help slow down climate change.



Many disabled music creatives said they want to learn more about sustainability and climate change.



They want organisations run by disabled people to teach them climate literacy.



They want to talk about what difficult words mean and to try learn them in different ways.



They want to talk to other disabled music creatives about how to be more sustainable.



We asked everyone in our groups how they like to learn.



Many people said they like to watch talks by people on their phone or laptop or listen to **podcasts**.



A **podcast** is a recording of people talking to each other, for other people to listen to.



Travel

Many disabled music creatives said they drive to events with other people.



They want to find out how other disabled people are travelling in accessible and sustainable ways.

Food



Some disabled music creatives said they do not have the energy to make food at events.



Many people like the idea of **communal catering**.

Communal catering is when someone makes a meal for everyone to eat together.



They said it can be difficult to leave the festival to find food.

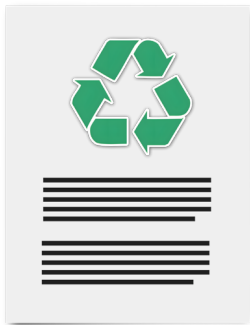


Art materials

Disabled music creatives said it's easy to find art materials that are more sustainable, but they cost more.

Many people use art materials more than once or buy art materials that have already been used.

A green rider



A **green rider** is a document that explains what organisations that run events can do to help people be sustainable.



A green rider is used like an access rider.



They help disabled music creatives to tell organisations how to support them.

Case studies



A **case study** is when you look closely at how well something works.



The next few pages tell you about 2 case studies. 1 is about an event. 1 is about a project.



The event is called **CAMP** and the project is called **Earth Pieces**.



The people who run the event and project work hard to be accessible and sustainable.

CAMP



CAMP is the name of a 5 day event for people who make music.



It is run by a disabled artist and musician called Lukas Hornby.



At **CAMP** people can make music and take part in music classes run by experts.



CAMP is in France, so most people fly by plane or drive their own cars to get there.



When everyone gets to **CAMP**, they try to be sustainable to help make up for the impact of travel.



Everyone eats together and all the food is grown in the local area.



A lot of the music and projects that happen at **CAMP** are about the environment.



The old buildings at **CAMP** are not very accessible and the people who run **CAMP** know this.



When people get to France, they meet them in a café and help them travel to **CAMP**. This helps people feel relaxed.

Earth Pieces



A group of disabled musicians from Japan called **Slow Label** are working on a project called **Earth Pieces**.



Slow Label is run by a disabled **artistic director** called **Kris Yoshie**.



An **artistic director** plans and decides how a group performs a dance, song or piece of music.



In this project **Slow Label** play instruments together.



It is important for everyone to join in and make sounds even if they cannot play very well.



To be sustainable, **Slow Label** make stools out of used materials for when they perform.



They also wear bow ties made from used materials.



The parents of the disabled musicians make these bow ties together as a way to talk to each other.



Slow Label are a great example of an organisation that is accessible and sustainable.

What happens next



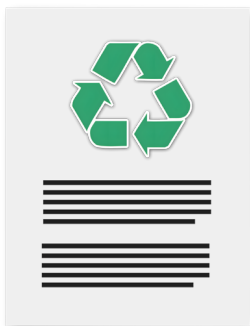
Organisations should

- talk and listen to disabled people about sustainability.
- be accessible and sustainable.



Disabled music creatives should

- talk to other disabled music creatives about sustainability and work together.
- write their own green rider.
- buy sustainable materials when they can or find materials that have already been used.
- be kind to themselves and make small changes that work for them.



Thank you for reading this booklet

Julie's Bicycle

CREATIVE • CLIMATE • ACTION



A GREENER FUTURE

We worked with **Julie's Bicycle** and **A Greener Future** to make this booklet.

Thank you to A2i for the words
www.a2i.co.uk (reference 41398b)

The full version of this document is called
**Climate Justice, Disability Justice &
Attitude is Everything. Disabled artists'
guidance and international case studies**